



Lakeland Municipal Parks & Recreation/Natural Resources Advisory Board
Regular Meeting Agenda
Tuesday, May 14, 2024, 5:30 PM
City Hall, 10001 Hwy 70, Lakeland TN 38002

- I. CALL TO ORDER:
- II. ROLL CALL:
- III. CONSENT AGENDA:
 1. Approval of meeting minutes from previous meetings:
 - a. **Special Called Meeting Minutes** - January 23, 2024
- IV. CONSIDERATION AND POSSIBLE ACTION ON ITEMS REMOVED FROM THE CONSENT AGENDA
- V. PUBLIC DISCUSSION:
- VI. REPORTS FROM OFFICERS AND STAFF
 1. Parks Administration Update
 2. Recreation Update
 3. Senior Center and Special Events Update
- VII. OLD BUSINESS:
- VIII. NEW BUSINESS:
 1. **Presentation and Discussion** - regarding the youth cheer program.
Presented by Candace Nurse
 2. **Discussion and Work Session** - regarding youth recreation soccer program.
- IX. ANNOUNCEMENTS:
- X. ADJOURNMENT:

LAKELAND PARKS & RECREATION/NATURAL RESOURCES BOARD
SPECIAL CALLED MEETING MINUTES
TUESDAY, JANUARY 23, 2024, 5:30 P.M.
CITY HALL, LAKELAND, TENNESSEE 38002

I. CALL TO ORDER:

The meeting was called to order at 5:30 p.m. by Chair Mark Donley on Tuesday, January 23, 2024.

II. ROLL CALL:

(C) Mark Donley	Present
Stacy Bond-Monasky	Present
Jessica Cannon	Present
Jenny Kiesel	Absent
Ben Ledsinger	Present
Jeff Roman	Present
Amber Sawyer	Present
Steve Snow	Present
Commissioner Michele Dial	Present

Staff personnel present for the meeting were Parks and Recreation Director Andrew Fisher and Recreation Manager John Proctor.

III. CONSENT AGENDA:

1. Approval of Previous Meeting Minutes:
 - a. November 14, 2023

Commissioner Dial motioned to approve the minutes seconded by Steven Snow.

When the question was called the meeting minutes passed as presented, voice vote, 8 in favor 0 against (8-0).

IV. PUBLIC DISCUSSION:

For the record: Public comments were heard from Vice Mayor Wesley Wright of the 4000 block of Fir Hill Drive East.

V. OLD BUSINESS:

1. **Updates on the IH Managerial Park Restroom Facility**

Parks and Recreation Director Andrew Fisher provided the update.

Discussion ensued.

For the record: No motions were presented for PRB action.

VI. NEW BUSINESS:

1. **Nomination and Vote**

Nominations for Officers were as follows:

- **Chair** – Mark Donley, nominated by Steve Snow, seconded by

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Commissioner Dial.

When the question was called, the election of the chair passed, voice vote, 8 in favor 0 against (8-0).

- **Vice-Chair** – Steve Snow, nominated by Commissioner Dial, seconded by Jeff Roman.

When the question was called, the election of the vice chair passed, voice vote, 8 in favor 0 against (8-0).

- **Secretary** – Jessica Cannon, nominated by Amber Sawyer, seconded by Commissioner Dial.

When the question was called, the election of the secretary passed, voice vote, 8 in favor 0 against (8-0).

2. **Division Updates**

Parks and Recreation Director Andrew Fisher provided an update on the following topics:

- a. Parks Administration
- b. Parks Maintenance
- c. Senior Center/Special Events
- d. Recreation

Discussion ensued.

For the record: Ben Ledsinger motioned to move the March 12th meeting to March 5th seconded by Jessica Cannon.

When the question was called, the motion passed, voice vote, 8 in favor 0 against (8-0).

3. **Discussion** – Lakeland Athletics: Youth Baseball program and potential Youth Competitive Soccer program.

Parks and Recreation Director Andrew Fisher provided the update.

Discussion ensued.

For the record: No motions were presented for PRB action.

4. **Discussion** – Lakeland special events

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Parks and Recreation Director Andrew Fisher provided the update.

Discussion ensued.

For the record: No motions were presented for PRB action.

VII. ANNOUNCEMENTS:

For the record: Announcements were moved up on the agenda, without objection, before Public Discussion.

Parks and Recreation Director Andrew Fisher announced Recreation Manager John Proctor.

Parks and Recreation Director Andrew Fisher announced that the City was not awarded the Blue Cross Blue Shield of Tennessee Healthy Places grant.

Parks and Recreation Director Andrew Fisher announced the new meeting schedule approved by the Board of Commissioners.

VIII. ADJOURNMENT:

There being no other business, the meeting was adjourned without objection at 7:30 p.m. on Tuesday, January 23, 2024.

These minutes were approved on May 14, 2024.

Jessica Cannon
Secretary

ATTEST:

Cheyenne Carter
City Recorder

May 14, 2024

PARKS ADMINISTRATION

1. Athletic Complex

- A. Lights remain a top priority for the Athletic Complex.
 - i. The resolution to authorize the purchase of the lights from Musco Sports Lighting was approved by the Board of Commissioners at the March 7, 2024, Board of Commissioners meeting.
- B. Other design work continues for the Phase II elements.
 - i. The project was requested to be sub-phased into multiple projects.

2. IH Park Improvements

- A. IH Park Restroom facility preparations have begun.
 - i. The trees have been removed and a site prep plan for the pad is in the works.

3. Lakeland Community Center

- A. Current status overview.

4. Facility Rentals

- A. IH Clubhouse Rentals
 - i. January 2024
 - 1. City Programs: 11
 - 2. Non-Profit/Community Group Rentals: 9
 - 3. Private Rentals: 4
 - ii. February 2024
 - 1. City Programs: 11
 - 2. Non-Profit/Community Group Rentals: 26
 - 3. Private Rentals: 0
 - iii. March 2024
 - 1. City Programs: 12
 - 2. Non-Profit/Community Group Rentals: 17
 - 3. Private Rentals: 4
 - iv. April 2024
 - 1. City Programs: 10
 - 2. Non-Profit/Community Group Rentals: 8
 - 3. Private Rentals: 4

B. Pavilion Rentals

- i. January 2024 – None
- ii. February 2024 – None
- iii. March 2024 – 1
- iv. April 2024 – 4

5. Park Maintenance Updates

- A. Parks maintenance staff have installed brand new pet waste stations across the parks.
- B. They are beginning preparations for the upcoming mowing season.
- C. Installed new fencing at Oak Ridge Park
- D. Installed new tennis nets at the Windward Slopes tennis courts.
- E. All new spring flowers are planted around the City facilities.
- F. Conducted a tree planting project at Zadie Kuehl Park.
- G. Spruce up the flower beds at the Lakeland Athletic Complex.

May 14, 2024

RECREATION / ATHLETICS UPDATE

1. Basketball

- a. The season has finished for all our teams except our older 12U Competitive.
 - i. Recreational Teams- 6U, 8U, & 10U
 1. Playoff Week was the week February 24TH – March 2ND.
 2. The season ended with “Championship Saturday” March 2ND.
 - ii. Competitive Teams- 3RD & 4TH girls, 5TH & 6TH boys, & 5TH & 6TH boys
 1. Playoff week was February 22ND – February 29TH.
 2. 2 Teams lost in the first round, 1 team lost in the second round, and one team made it to the Championship.
 - iii. Basketball Cheer
 1. The season has ended.
 2. End of Season Banquet for Basketball Cheer and Fall Tackle Football Cheer was March 4TH at the IH Clubhouse

2. Youth Spring Baseball

- a. Age Group Numbers: Total – 92 (2023 – 70)
 - i. 4U – 20
 - ii. 6U – 31 (2 Teams)
 - iii. 8U – 26 (2 Teams)
 - iv. 10U – 15 (1 Team)
- b. 4U Developmental
 - i. 20 registered for our inaugural program.
 - ii. The NAYS Start Smart Baseball program began in early April and finished on May 11th.
- c. 6U, 8U, and 10U Age Groups
 - i. The teams are currently playing in the City of Bartlett leagues.
 - ii. Games are tentatively scheduled through mid-June.

3. Youth Spring Soccer

- a. Age Group Numbers (Total: 231)
 - i. 4U- 10
 - ii. 5U- 20
 - iii. 6U- 20
 - iv. 8U- 60
 - v. 10U Boys- 31 10U Girls-30
 - vi. 12U- 25 12U Girls- 14
 - vii. 14U- 9 14U Girls- 12
- b. Skills development and practices began the week of March 4TH.

- c. Games started Saturday March 23RD.
- d. The Season ended this past Saturday May 11TH.

4. Youth Flag Football- Mini Session

- a. Registration will start March 18TH.
- b. Age Group Numbers: Total – 177 (2023 – 106)
 - i. 8U – 77 (7 Teams)
 - ii. 10U – 58 (5 Teams)
 - iii. 12U – 42 (4 Teams)
- c. The age group divisions will be 8U, 10U, & 12U to go along with our tackle football program.
- d. Practices will start tentatively the week of May 20TH.
- e. Games will start tentatively the week of June 3RD with the season finishing up by the end of June.

5. Youth Fall Competitive Tackle Football

- a. Registration is open through June 16TH.
 - i. Age groups: 8U, 10U, & 12U
- b. Practices will begin in early July.
- c. Games will tentatively start in Mid-August.

6. Youth Fall Tackle Football Cheerleading

- a. Registration is open through June 9TH.
- b. Uniform fittings will be May 9TH and June 11TH.
- c. Practices will begin in early July.
- d. Games will tentatively start in Mid-August.

7. Youth Fall Flag Football

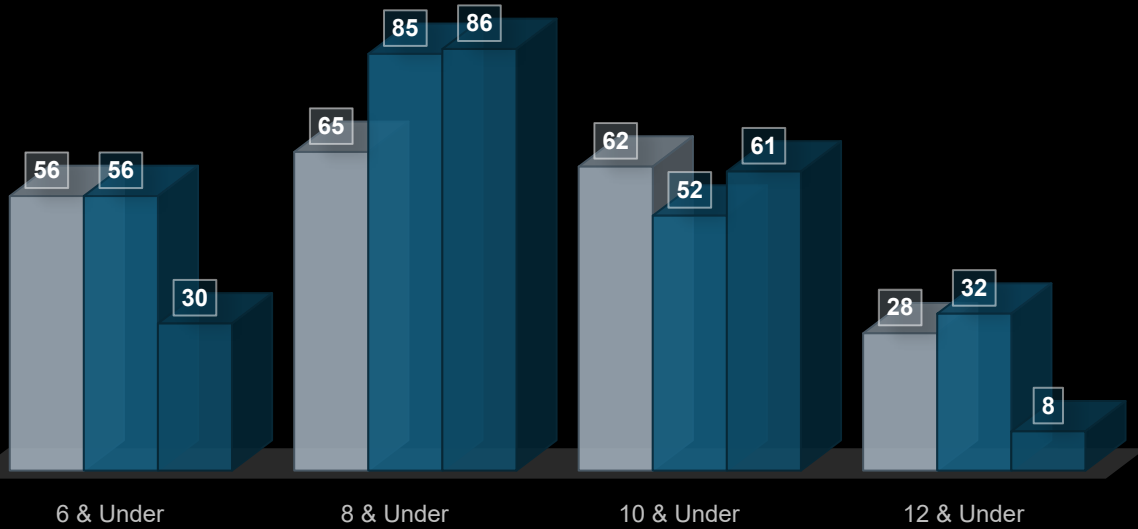
- a. Registration is now open through July 28TH.
 - i. Age groups: 8U, 10U, & 12U
- b. Practices will begin in early August.
- c. Games will begin in late August- Early September

8. Adult Soccer

- a. Registration is open through May 26TH.
- b. Season tentatively begin in Mid- June and go through Mid - Late July.

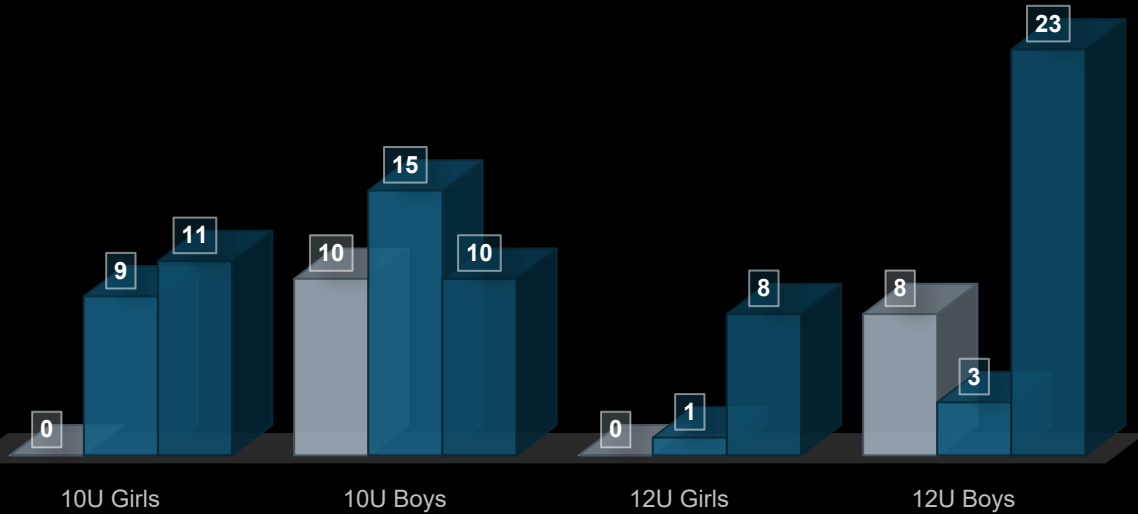
YOUTH RECREATION BASKETBALL TRENDS

FY22 FY23 FY24



YOUTH COMPETITIVE BASKETBALL TRENDS

FY22 FY23 FY24





The Right Start...Start Smart

Start Smart Programs, created by the National Alliance for Youth Sports, help kids get ready for sports...and succeed in life. It is an innovative step-by-step approach that builds confidence and self-esteem in a fun and safe sports environment.

What is Start Smart?

Start Smart was developed by top motor skill development specialists in the field of youth sports. Parent-child groups perform motor skill tasks that gradually build confidence in children while they are having fun at the same time.

Each Start Smart Program utilizes the Start Smart Sports Readiness Test to help parents objectively measure kids' abilities. As the program progresses and children show improvement, the skills and exercises are altered so that each child remains challenged. Parents spend quality time together with their child while learning how to properly teach and support them in sports.

Start Smart participants will develop proper motor skills that will allow them to enjoy and succeed in their youth sports future!

Benefits of Participation

- Builds confidence and self-esteem in children
- Fun and positive early experience in sport
- Helps prepare kids for future sports participation
- Helps prepare kids and parents for specific sport
- Quality time together for parent and child
- Helps parents learn how to support and teach their child
- Most programs can be run either indoor or outdoor

Why YOU should set up a Start Smart Program?

- Bring a nationally acclaimed program to your community
- Help parents and children in your community
- Generate revenue for your organization
- Promote a positive sports message
- Easy to set up...everything is provided
- Provide an alternative sports program for children under 7
- Train future youth league parents and coaches
- Develop future participants for organized sports program

Start Smart Baseball

Start Smart Baseball is a developmentally appropriate introductory baseball program for children 3-5 years old. The program prepares children for organized tee ball, baseball and softball in a fun, non-threatening environment.

Start Smart Baseball prepares children and their parents for organized baseball and softball without the threat of competition or the fear of getting hurt. Age-appropriate equipment from Franklin Sports® is used in teaching **throwing, catching, batting, running and agility.**



Week 1 - Sports Readiness Test and Exercise #1

Note: Start Smart program sessions are scheduled for one hour. For this sample format, we are using 6-7 p.m. as our model.

5:30 pm - Set-Up

- Have your room already set-up with the four skill testing stations. Please see the sample floor plan (page A2) for how each skill area is set-up for testing.
- *Performance Cues* posters should be placed in a visible spot at each station.
- Appoint volunteers to specific stations to assist the participants groups.
- Set-up a check-in table with attendance sheets and nametags.
- Before the class begins, divide the parent-child groups into equal groups according to the participating child's age. (i.e. all of the 4-year-olds in one group)

5:45-6:00 pm - Check-In

- Have the participants check-in and receive a nametag. Seat them in an open space so they will be able to receive instructions on how the testing will be conducted. As they check-in, let the participants know which group they are in.

6:00-6:10 pm - Coordinator Welcomes Participants and Explains Sports Readiness Test

- Before administering the Sports Readiness Test, explain to the parents that this test is **ONLY** an evaluation for them to gage the progress of their child. **The test is NOT used to rank or score any of the children, and the scores are only for the parents to see, as they will not be collected by the Start Smart Baseball coordinator.**
- Have the participants turn to the testing section of the Participant Manual.
- Explain to parents that they have 5-6 minutes at each skill station for testing. If possible, there should be a volunteer at each skill station to demonstrate each task with the proper equipment.
- At this time, separate the parent-child groups into equal groups and assign them to a station.

6:10-6:35 pm - Conduct Readiness Test

- Have parent-child groups rotate every 5-6 minutes from one station to the next, performing the test that is explained in their manual.

6:35-7:00 pm - WEEK 1 Exercises

- After the testing is complete, the Start Smart Baseball Coordinator demonstrates the next activities while stressing the *Performance Cues*. Have the groups rotate through the stations again and perform the skill development exercises for WEEK 1 (page 14) for each of the skill areas. Spend 5 minutes in each station.

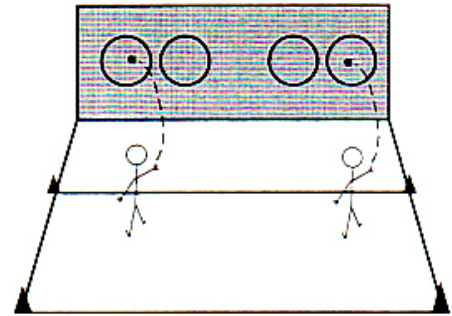
7:00 pm - Wrap Up

- Before the parent-child groups are dismissed, explain the format of the program for the upcoming weeks. This is also a good time to answer questions that the parents have.

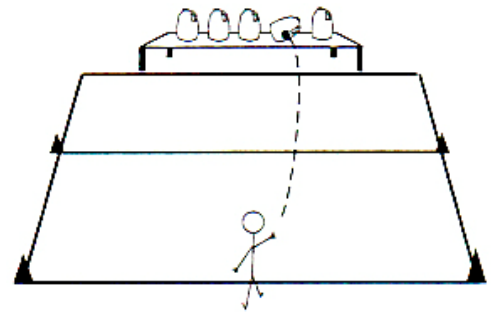
Skill Development Exercises - Week 4

Station #1 - Throwing**Throwing for Accuracy at Two Smaller Targets**

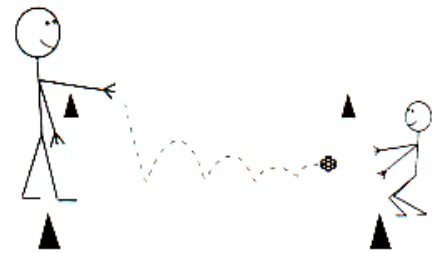
Equipment Needed: Koosh Balls, Hula Hoops, Masking Tape
Prop, tape or tie Hula Hoops in sets of two in a vertical position 3 feet above the ground, and space the hoops 2 feet apart from each other. Mark a starting line 5 feet from the hoops and have each child begin throwing 10 times at the hoops, alternating between the right hoops, and then the left, getting 4 out of 5 in each hoop. As the child improves, encourage him/her to move back at five-foot increments.

**Throwing for Accuracy at Multiple Small Targets**

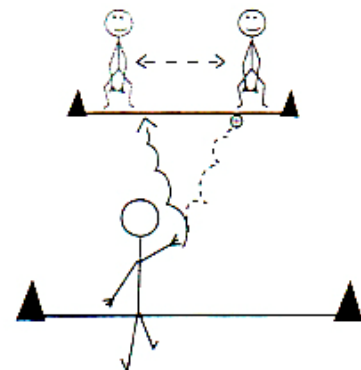
Equipment Needed: Koosh Balls, Small Table, Plastic Bottles
Place five plastic milk jugs or soft drink containers 6 inches apart on a table or bench. Have the child throw *Koosh Balls* over and underhand from a line five feet away. The object is to hit all five jugs in as few throws as possible. When the child is able to achieve this task in six throws, challenge him to move farther back and try again.

**Station #2 - Catching****Catching a Ground Ball**

Equipment Needed: Foam Balls and Gloves
Have each child stand across from their parent. Encourage the parent to softly roll the foam ball to the child. As the child fields the ball, he throws it quickly back to the parent. Use gloves in this activity as the child gains confidence.

**Moving to Catch a Ground Ball**

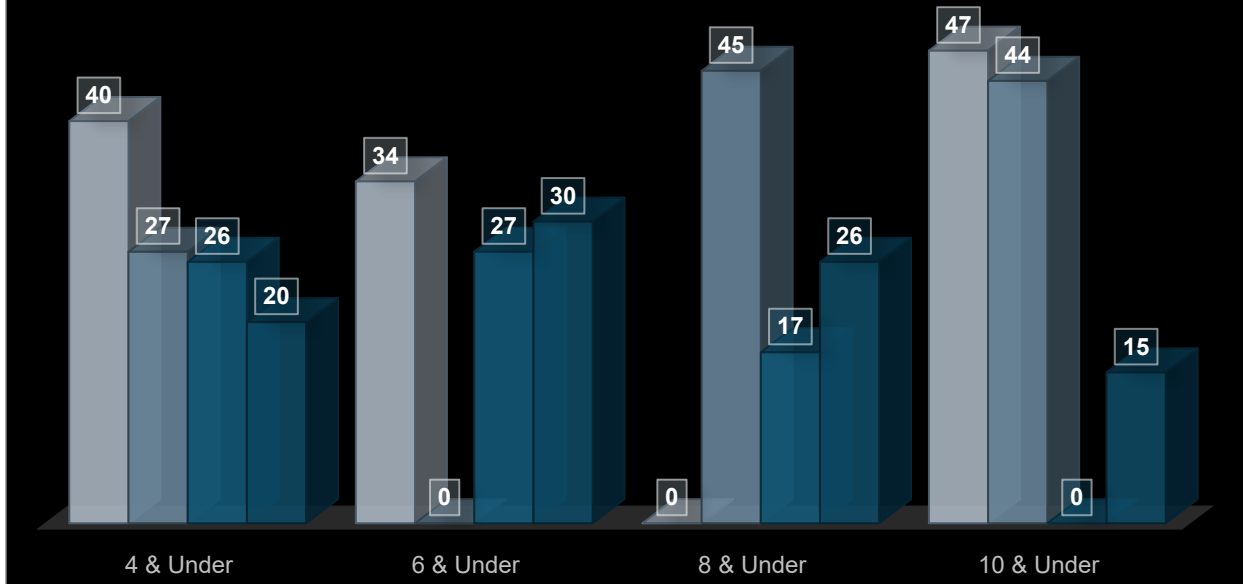
Equipment Needed: Foam Balls and Gloves
Have the child stand across from their parent. Encourage the parent to softly roll the foam ball to the child, but for this activity, the parent rolls the ball alternating to the right and left of the child, so that he/she must shuffle one or two steps to either side in order to field the ball. Use gloves in this activity as the child gains confidence.



Week 4 Continues...

YOUTH BASEBALL TRENDS

■ FY21 ■ FY22 ■ FY23 ■ FY24



May 14, 2024

SENIOR CENTER & SPECIAL EVENTS UPDATE

1. SENIOR CENTER EVENTS/LUNCH & LEARNS

A. Attendance

- i. January 2024 – 209 (Center closing due to weather)
- ii. February 2024 – 416
 1. More than 45 attendees warmly welcomed the Bartlett Senior Center Choral Group as they performed a delightful Valentine’s program on Monday, February 12TH during the Valentine’s Luncheon.
- iii. March 2024 – 401
 1. Spring Luncheon catered by Pink Flamingo Catering
- iv. April – 361
 1. The Dixon presented a 2-day “Colorcopia” Workshop.
 2. The second half of our Creative Aging membership was utilized with a 4-week “hands-on” polymer pottery course. A solo vocalist was booked for the “Spring Luncheon,” on March 21ST.
 3. Held the annual Volunteer Appreciation Luncheon on April 18. Catered by Punk Flamingo Catering, volunteers were recognized for their efforts and honored with gift bags. The Volunteer of the Year Award went to Mr. Nathan Marcks.

2. SPECIAL EVENTS UPDATE

A. Annual Lakeland Arbor Day Tree Giveaway

- i. This event was held Saturday, March 16, from 10 a.m. to 12 p.m., at IH Park. 275 tree saplings of different varieties were ordered to giveaway at the event: 45 White Oaks, 45 Eastern Redbuds, 25 Flowering Dogwoods, 25 Tulip Poplars, 25 Cherrybark Oaks, 25 Willow Oaks, 10 River Birch, to name a few.
- ii. 175 total trees were given away on the day of the event. 201 were given out in total. The remaining trees were planted at various Lakeland Parks.

B. Annual Fishing Rodeo

- i. The annual Fishing Rodeo was held on May 11TH. As of Friday May 10TH at noon, 158 participants had registered online.
- ii. TWRA (Tennessee Wildlife Resources Agency) sponsored the event and donated 400 lbs. of catfish along with some giveaway items. A special thanks

to the Lakeland Lions Club who has sponsored this event every year. Scouts with Troop 455 were judges again this year and also had lemonade available.

C. Movie Nights

- i. The first scheduled Movie Night will be on Friday, May 17TH. The movie will be WONKA. Prepackaged WONKA themed candy and treat bags will be given out.

D. LAMP Concert Series

- i. Food trucks along with inflatables, facepainting, and other entertainment will be provided.
- ii. Schedule
 1. June 22 - Aqaunet
 2. July 27 - Bluff City Bandits
 3. August 24 - The Lost 45
 4. September 28 - Rock the Boat



**Lakeland Municipal
Parks &
Recreation/Natural
Resources Advisory
Board**

Meeting Cycle: Tuesday, May 14, 2024

Subject: **Presentation and Discussion** - regarding the youth cheer program.
Presented by Candace Nurse

Staff Contact: John Proctor, Recreation Manager

STAFF RECOMMENDATION

BUDGET IMPACT

DISCUSSION

May 14, 2024

RECREATION / ATHLETICS DISCUSSION/ GOAL SETTING

PROGRAM: YOUTH CHEERLEADING

Past/Current Leadership:

- 2020 – 2021 Season: Memphis Pride
- 2021 Season – Present: Innovative Creations LLC. - Candace Nurse

Division Number Breakdowns:

	FY20	FY21	FY22	FY23	FY24
Recreation Cheer – Football	20	11	25	50	58
Recreation Cheer – Basketball	NA	NA	11	15	28
Competitive Cheer	13	0	0	0	0

Program Facilities:

- Through 2022: Lakeland Prep Multi-Purpose Room
 - 2022-23: Lakeland Prep Mat/ Wrestling Room & High School Dining Room
 - 2023-24: IH Clubhouse & High School Dining Room
-

Goals/ Discussion:



**Lakeland Municipal
Parks &
Recreation/Natural
Resources Advisory
Board**

Meeting Cycle: Tuesday, May 14, 2024

Subject: **Discussion and Work Session** - regarding youth recreation soccer program.

Staff Contact: John Proctor, Recreation Manager

STAFF RECOMMENDATION

BUDGET IMPACT

DISCUSSION

Program: Youth Soccer

Current

Division Break Down:

Prior to 2020: Recreation: 3yo, 5U, 7U, 9U, 11U, Competitive

Current: Recreation 5U, 6U, 8U, 10U, 12U, 14U+

Previous division enrollment:

	Spring 19	Fall 19	Spring 20	Fall 20	Spring 21	Fall 21		Spring & Fall 22	Fall 23	Spring 24
3 yo	13	20	0	0	13	0	4/5U			30
5U	40	49	0	0	40	0	6U			20
7U	44	32	0	0	40	0	8U			60
9U	65	24	0	0		0	10U			61
11U	20		0	0		0	12U			39
Comp.		47		0	0	0	14U			21

Program Facilities:

Current program use is Monday, Tuesday evenings, and Saturday days at the LP Sports Annex.

Prior to 2021, all practice and games were at City Hall Field.

Goals

Divisions:

Enrollment:

Facilities:

Other: